

Fall 2019 Afterschool Enrichment Course Offerings

ART

At The Movies – Starring You!!

Ms. McDonald

This is a class for aspiring filmmakers. In "At the Movies" students will explore the art of the filmmaking process, from the initial idea to the final edit. Students will work in pairs or small groups to create their films, using camcorders, props, green screens, lights, etc. as needed. This group project model will allow for the exploration of the role the collaborative process plays in the creation of a successful film. Completed films will be shown in Winston's annual Film Festival (part of the Art Show) as well as have the opportunity to be included in the annual Yearbook DVD.

Tuesday and Thursday 3:30-4:30pm

Learn to Lanyard

Ms. Morris

This class will allow students' dexterity and focus to improve while making fun items like The Box, The Chinese Staircase and The Cobra. Students can sport their creations on keychains or as bracelets.

Monday 3:30-4:30pm

BODY WORK

Yoga & Relaxation

Ms. Nussbaum

Did you know that you can make a flower, spider, mountain, walrus, and guitar with your body? Come join Yoga to find out how! This class will incorporate the use of animation, music, art, visualization, games and the imagination to make yoga fun and exciting. We'll also learn breathing exercises to help us relax our brains and bodies at the end of a school day. NOTE: Comfortable clothing is required. Yoga mats will be provided. Enrollment is limited to middle school students

Monday 3:30-4:30pm

Dance, Dance, Dance

Ms. Sidqi

Have you ever wanted to create your own dance routines? Join Ms. Sidqi as she shows you how to "bust a groove", learn choreography and have an opportunity to express yourself through movement. She will show you how to "dance your heart out like nobody is watching!!

Tuesday 3:30-4:30

CULINARY STUDIES

Kids in the Kitchen

Mr. Curry

Join Mr. Curry as he takes you on a journey of the culinary arts, from ingredient purchase to kitchen clean-up! In this class, students will learn to make several 10 minute to 1hour recipes from scratch. Additionally, students will be introduced to key safety skills while also having a good time. ***Parental consent for knife use is required and notification about food allergies is mandatory prior to joining the class.*** Class enrollment is limited to 7 students.

Tuesday 3:30-5:30pm

DRAMA and PERFORMANCE ART

Improvitational Acting for All

Ms. McAlinn

This dynamic and fun class teaches the "keys" to improvisational theater through games and short scenes. The skills targeted in this class are adaptability, creativity, listening and empathy. This Improvisation class requires no reading, memorization or public performing so it is appealing to actors and non-actors alike. Through Improvisational Acting students will develop the freedom and confidence to think on their feet while getting to play in class.

Monday 3:30-4:30pm

LITERARY STUDIES

Word Play: A Workshop for Creative Writers

Ms. Franklin

Creative thinkers, storytellers, poets, and punsters welcome! Whether you're passionate about writing or just appreciate a good story, join us for snacks, discussion, and a chance to create new worlds collaboratively. In this class, students will share their creative writing and learn to give and receive feedback in a supportive and relaxed round-table environment. Through games and prompts, students will generate ideas and expand their imaginations. The semester will culminate in a voluntary reading event and opportunities for students to see their work in print.

Tuesday 3:30-4:30pm

MEDIA

Film Studies

Mr. Hill

In this class, students will study the history of cinema by watching motion pictures that are representative of several different film genres, including science fiction, suspense, film noir, war, horror, comedy, musical, and epic. Students will learn the "language of film" by studying each film's story, cinematography, and editing. The teacher and the class will choose the movies to be viewed. Students will work to develop their expressive language skills and pragmatic awareness by discussing each film with their peers and the instructor. Films this year may include "The Matrix," "Saving Private Ryan," "The French Connection," "Star Wars: The Empire Strikes Back," "Double Indemnity," "Get Out," "Shane," "A Quiet Place," "The Bridge On The River Kwai," "It Happened One Night," "Jaws," "The Bride of Frankenstein," "The Dark Knight," "The Bourne Identity," and "The Searchers."

Monday and Tuesday 3:30-4:30pm

MUSIC

The Choir @ Winston

Mr. Wemple

This after-school music ensemble is for those students that love to sing and would like to perform in a chorus setting. This group will rehearse a variety of different genres of music, focus on healthy vocal production/technique, and work on a wide range of musical skills including rhythm, sight-singing, and singing in unison/harmony. The Chamber Choir will be working towards performing a concert at Winston. **Auditions are **not** required.*

Monday 3:30-4:30pm

"The Session" - Winston Prep's JAM Band
Mr. Wemple

Are you ready to rock?! The Session is our rock band at Winston and we are looking for experienced guitar/bass/drum set/keyboard players that will be able to work together to write original music as well as cover some of the classics. The goal is to record our own CD and put on a concert here at Winston. **Auditions are required for this after-school ensemble due to number of instruments available.*

Tuesday and Thursday 3:30-4:30pm

SPECIAL PROJECTS

Winston Cares

Ms. Fieber and Ms. Hochstin

The purpose of this class is to build leadership and social pragmatic skills through the development of a student led community service project of their choosing. Students will work together to identify a cause they're committed to, become more informed about the issues surrounding the topic, and brainstorm responsible and supportive actions that they can take. Students will foster empathy and compassion, while challenging themselves to become more informed and engaged citizens. Throughout the project, a focus will be placed on strengthening planning and organizational skills, innovative thinking, and social problem solving.

Tuesdays 3:30-4:30pm

Yearbook

Ms. McDonald

The Winston Yearbook is responsible for producing the annual Winston retrospective book and DVD. This project provides students practice in expressive language and social pragmatics by working as a committee to design the theme, narrative and look of our story. The committee engages in collaborative as well as individual work (photo and video capture and editing in Photoshop and iMovie) contributing to the project. Responsibilities include photographic and/or videographic coverage of all school events and the taking of candid photographs throughout the school year that will depict who we are and what is our 2017-2018 story.

TBA (The meeting time will vary depending on participation)

SPORTS

Ping-Pong

Ms. O'Shea and Ms. Yochelson

This club will provide students with an opportunity to play ping-pong encouraging participants to foster existing friendships and develop new ones. Membership allows students to participate in physical activity, while laughing, de-stressing and developing social skills

Monday 3:30-4:30pm

Cheerleading/Pep Squad

Ms. Taubel

Learn cheers and stunts to help pump up your Winston peers. In this club students will learn to work as a team to help encourage the students and athletes around them.

Monday 3:30-4:30pm

STRATEGY

Dungeons and Dragons

Mr. Deming

D&D club offers students a chance to experience old-school, table-top roleplaying at its finest. In "the world's greatest roleplaying game," players collaborate to create heroic characters, fulfill legendary quests, and tell epic stories using imagination, problem solving, cooperation, and mathematics. Students will develop their social skills, practice attention-maintenance, and engage in wildly creative story-telling while participating in this club, all while travelling to fantastic realms, facing ferocious beasts, and finding solutions to unsolvable problems. **D&D is limited to 6 students ages 13+!**

Monday 3:30-4:30pm

Play Poker Like the Pros

Mr. Steiner

For any and all students interested in learning the ins and outs of one of the world's most popular and fascinating games: poker. This club will cover the basic rules, gameplay, and structure of the game. Much of the actual learning will happen through the playing of the game--and as a group, analyzing the merits of raising, folding, bluffing, etc. in any given situation. No money will be bet, but there will be prizes! Everyone is welcome, regardless of skill level or experience. Poker is great for anyone who loves games and strategy. It's also a great way to enhance critical thinking skills in a social and competitive, yet relaxed atmosphere. Different poker variants will be covered but we will focus mostly on Texas Hold 'Em.

Tuesday 3:30-4:30pm

Innovation Challenge

Mr. Gallo

Are you interested in finding creative solutions to everyday problems? Join us in our search to answer some of life's hardest questions:

- How much weight can a bridge made only out of toothpicks and glue hold?
- How far can you launch a marshmallow with only rubber bands and wood?
- Can you protect an astronaut from the hazards of space, using only common household items?

The Innovations Challenge Program is fun, hands-on system of learning that fosters students' creativity, curiosity and courage through academic challenges. Our challenges will blend STEM (science, technology, engineering and mathematics) education with the arts and social entrepreneurship. Students who participate learn invaluable 21st century skills as well as patience, flexibility, persistence, ethics, respect for others and their ideas and collaborative problem solving process. No prior scientific knowledge required

Tuesday 3:30-4:30